



Menu Week 3

Day	Snack	Lunch	Tea
Monday	Fresh fruit platter	Sausage, Mash, Peas and Gravy (WH, CE, SO) ***** Chocolate Mousse and Biscuit Base (EG, MI, WH)	Crackers with cheese, grapes and apple (WH) ----- Yoghurt (MI)
Tuesday	Vegetable Sticks (Carrot - Cucumber) and mint dip (MI)	Ham and Mushroom Tagliatelle with Garlic Bread (WH, MI) ***** Jam Sponge and Squirty Cream (WH, EG, MI)	Sausage Rolls with Baked Beans (WH, MI) **** Fresh Fruit Platter
Wednesday	Fresh fruit platter	Roast chicken with stuffing, roast potatoes and vegetables (WH, SO, CE) ***** Peach Melba (MI)	Buttered Crumpets (WH, MI) **** Swiss Roll (MI, WH)
Thursday	Rice cakes and Raisins (WH, MI)	Lasagne with Veg (WH) *** Chocolate Crunch and Chocolate Sauce (MI)	Assorted Sandwiches (WH) **** Fresh Fruit Platter
Friday	Fresh fruit platter	Cheese and Potato Pie with Baked Beans (MI) **** Ice Cream Cones (MI, WH)	Toasted Teacakes (WH) **** Strawberry Mousse (MI)

*The 14 allergen information key:

Celery – CE, Cereals containing gluten – CG, Crustaceans – CR, Eggs – EG, Fish – FI, Lupin – LU, Milk – MI, Molluscs – MO, Mustard – MU, Nuts – NT, Peanuts – PNT, Sesame Seeds – SS, Soya – SO, Sulphur Dioxide – SD.