



Menu Week 1

Day	Snack	Lunch	Tea
Monday	Fresh fruit platter	Pizza, Wedges and Baked Beans (WH) ***** Fruity Eton Mess (EG, MI)	Crumpets (WH) Gingerbread Cake (WH, EG)
Tuesday	Pitta bread and Humous dip (WH)	Cottage Pie with veg ***** Stewed Apple and custard (MI)	Hotdogs (WH, SO) **** Fresh Fruit Platter
Wednesday	Fresh Fruit Platter	Roast chicken, roast potatoes, stuffing and Vegetables (WH,SO,CE) ***** Yoghurt (MI)	Sausage Rolls and Spaghetti Hoops (WH, EG) **** Chocolate Squares and Marshmallows (WH, EG)
Thursday	Fruit Loaf (WH, EG)	Cheese, tomato and Bacon pasta (WH, MI) ***** Banana sponge and Squirty cream (MI, EG, MI)	Crackers and Cream Cheese with Cucumber (WH, MI) **** Fresh Fruit Platter
Friday	Fresh Fruit Platter	Quiche, New Potatoes and Beans (WH, EG, MI) **** Fruity Mousse (MI)	Assorted Sandwiches (WH,MI) **** Flapjack (WH, MI)

*The 14 allergen information key:

Celery – CE, Cereals containing gluten – CG, Crustaceans – CR, Eggs – EG, Fish – FI, Lupin – LU, Milk – MI, Molluscs – MO, Mustard – MU, Nuts – NT, Peanuts – PNT, Sesame Seeds – SS, Soya – SO, Sulphur Dioxide – SD.

Company Registered Office: Mary P's Ltd, Old Dowty Clubhouse, Ashchurch Parkway, Tewkesbury, Gloucestershire, GL20 8TU. Tel: 01684 291194. Company Registration Number: 7251258.